



ACTUATE



£25 PER DAY

# WEAVER PATHERS FC GIRLS SUMMER CAMP

14<sup>TH</sup> & 15<sup>TH</sup> AUGUST

08:30 -16:00

Expert Coaching, Personalised Training!



## WHAT TO EXPECT



### WARM-UP EXERCISES

Light jogging, stretching, and dynamic drills to prepare the body for activity.



### SKILLS STATIONS

Focus on drbbling, passing and shooting.



### DRILL ZONES

Focus on positioning, movement off the ball, and basic strategies.



### TEAM BUILDING ACTIVITIES

Fun interactive games and activities designed to promote teamwork and communication.

## WHO CAN JOIN?

Girls Aged 5-11

All Skill Levels Welcome



## WHY CHOOSE US?

Whether you're a passionate footballer, new to the game or simply looking for a fun way to stay active and make new friends during the holidays, **Weaver Panthers girls' football camp** is the perfect place for you. Our supportive and inclusive environment is designed to help every girl build confidence, develop skills and **most importantly have fun.**

USE THE QR CODE TO REGISTER YOUR CHILD'S SLOT



07496563624



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The Grange Senior School, CW8 1LU