



ACHIEVING EXCELLENCE TOGETHER
Inspiring independent learners with Jesus by our side

POLICY FOR PERSONAL, SOCIAL, and HEALTH EDUCATION (PSHE) and CITIZENSHIP

INTRODUCTION

The importance of personal, social and health education and citizenship.

Personal, social and health education (PSHE) and citizenship help to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens. Pupils at St Bede's are encouraged to take part in a wide range of activities and experiences across the curriculum, contributing fully to the life of their schools and communities. In so doing they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. They also find out about the main political and social institutions that affect their lives and about their responsibilities, rights and duties as individuals and members of communities. They learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

AIMS

The aims of PSHE and citizenship are to enable the children to:

- know and understand what constitutes a healthy lifestyle;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- have respect for others;
- understand what makes for good healthy relationships with others;
- understand appropriate behaviour within a relationship and what to do if there are issues that give them 'yukky' feelings
- be aware of safety issues;
- know how to keep themselves safe online
- develop a positive mindset that builds resilience and allows children to deal with difficult situations
- be independent and responsible members of the school community;
- be positive and active members of a democratic society;
- develop good relationships with other members of the school and the wider community.

TEACHING AND LEARNING STYLES

A wide range of Teaching and Learning styles are used in all classes to ensure children are able to learn in the way best suited for their individual needs. All children are encouraged to apply their experience of "Thinking Skills" in all subjects across the curriculum. All PSHE and Citizenship lessons are taught by members of staff that the children know well and are comfortable with – we believe this allows the children to place trust in what the adults are saying and offers opportunity for follow-up work in small groups or one-to-one as needed.

STAFF

Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress
- Responding to the needs of individual pupils

ASSESSMENT

Staff will ensure they know their children well, promote good relationships, and will make assessment of PSHE and Citizenship an integral part of every curriculum subject where ever appropriate.

British Values will be both explicitly and implicitly taught.

Teachers assess the children's work in PSHE and Citizenship by making informal judgements as they observe them during lessons, noting the things they say and by how they present themselves in their behaviour with peers and adults.

Teachers comment on children's achievements in PSHE to parents each year in the annual report and may wish you comment on these during parent consultations.

CROSS CURRICULAR LINKS

PSHE and Citizenship is linked to all other areas of the curriculum and largely determines the ethos and attitudes to behaviour in the schools.

The Early Years Foundation Stage

In the Early Years Foundation Stage, PSHE is encouraged through the 'Personal, Social and Emotional Development' curriculum. PSHE is about making connections and is strongly linked to learning through play. PSHE is taught through activities that are part of topics, as well as on an individual basis to develop personal skills such as dressing, feeding and toileting. Positive experiences are built through daily opportunities to share and enjoy a range of different activities. The children are given the opportunity to engage in social activities, as members of a small group or occasionally during whole school activities. The children also experience PSHE through Collective Worship both as a whole school and with KS1.

HOW WE TEACH

- PSHE lessons take place once a week in a designated slot.
- PSHE lessons are covered throughout the curriculum over subjects and in assemblies
- Teachers will deliver the PSHE curriculum with support from teaching assistants.
- Some of the time, we introduce PSHE and Citizenship through other subjects. As there is an overlap between the programme of study for Religious Education and the aims of PSHE and Citizenship, we teach a considerable amount of the PSHE and Citizenship through our Religious Education lessons. The PSHE curriculum is also covered through schemes of work taught across school, including science and Journey in Love (RSE).

Resources

- Picture News- is a resource that enables schools to encourage children to question what they hear and read, to think around key issues and topics and develop 'healthy' news mindsets.
- Statements to Live By- these statements help the children and all of us adults too, to think about who we are, what we believe and what we hope to become. We hope that together we will nurture a sense of what it is to be fully human and alive as children and adults sharing in this Christian community. There are 36 statements in all which are linked to our Religious Education programme and the Catholic life of the school but each one is relevant no matter what our religious beliefs are.
- Journey In Love- Journey in Love is a programme for teaching Relationship and Sex Education across the whole school. The programme is endorsed by the Liverpool Archdiocese as following the teachings of the Catholic faith and age appropriate for our children. Journey in Love is taught specifically in the summer term and parents are notified as to what is taught and when it will be taught. Parents are able to withdraw their child from these sessions should they see fit, in this instance parents are invited to discuss their reasons with SLT prior to the delivery of these sessions
- Life-We will use aspects of this scheme to support our teaching. The areas covered within this scheme are; Health and Wellbeing, Living in the Wider World and Relationships. Each of which have their own topics that are progressive throughout the school years.

Teaching PSHE and Citizenship to children with special needs

We teach PSHE and Citizenship to all children, regardless of ability, as we believe that it is their right to be included and access the curriculum at their level of understanding. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties, this may mean pre-teaching or additional sessions with a teaching assistant to reinforce what has been taught. When teaching PSHE and Citizenship we take into account the targets set for individual children and individual learning styles that may need to be catered for.

ICT

ICT is used wherever possible to develop the range and enhance the quality of work produced through use of the internet and appropriate activities.

SPECIAL NEEDS & INCLUSION

All children will be given suitable learning challenges responding to their diverse learning needs and to overcome potential barriers to learning and assessment. Special provision or extra help will be given to children who need it at both ends of the learning spectrum. Further details are available in the Special Educational Needs Policy.

EQUAL OPPORTUNITIES

All children will be given equal value with regard to ethnicity, gender and cultural background. Further details are available in the Equal Opportunities Policy. PSHE and Citizenship is the basis of the understanding and implementing of this policy.

STAFF DEVELOPMENT

Staff are encouraged to attend relevant courses and keep abreast of current and evolving practice and ideas.

MONITORING, EVALUATION & REVIEW

The PSHE leader will monitor this aspect of the curriculum in formal and informal arrangements around school through learning walks, pupil voice and planning scrutiny. The subject leader monitors the subject through: observing lessons, discussions with pupils, and keeping abreast of children needing additional support- looking for patterns and trends. The subject leader supports colleagues in the teaching of PSHE and Citizenship, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school.

IMPLEMENTATION AND REVIEW OF POLICY

Policy review by staff and governors:

Policy review: every 3 years

DISSIMINATION

The RSE Policy and curriculum overview is available to all parents on the website and through the school office

LINKS WITH OTHER POLICIES

- SEND
- Safeguarding
- Anti-bullying
- RE
- Equality
- Behaviour
- RSE

The policy will be reviewed every three years.