

ACHIEVING EXCELLENCE TOGETHER

Inspiring independent learners with Jesus by our side

Primary PE & Sport funding

At St Bede's Catholic Primary School we are utilising the Primary PE & Sport Premium funding to improve the quality and breadth of our PE & Sport provision through continually developing teaching and learning in PE, encouraging our pupils to adopt healthy active lifestyles and to take part in a wide range of sports and physical activities including more competitive school sport.

Our school will develop or add to the PE, physical activity and sport activities that we already offer and build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years.

Grant for academic year 2020/2021

£17696

Areas for further improvement and baseline evidence of need: Key achievements to date until July 2020: Maintaining 2 hours of PE per class per week across the whole schoolyear. With the More detailed breakdown of assessment required. Current system provides details limitation of equipment and physical interaction across the school year, staff have against ARE but doesn't drill down in enough detail tospecifics across PE skills. been flexible and creative with planned units as well as using VRSSP covid safe Linked to this is monitoring of PE teaching and delivery. Covid has meant mixing for resources so as to still provide a rich curriculum experience. observation has been difficult and Covid has also limited/affected the units that we Raising and maintaining the profile of being active as part of healthy lifestyle that planned across the year. If restrictions are relaxed then a more structured approach supports both mental and physical health. The timetabling of the whole school here will be allowed next year. grounds has led to active 30:30 sessions becoming embedded as part of the daily Child lead activities to be re-introduced Covid permitting. Use of PGLand SSOC routine with active sessions or outdoor lessons. have been limited due to restrictions on mixing (bubbles) and on equipment. As Maintaining relationships and links with external providers. Due to covid these are hopefully eased it will allow UKS2 toonce again operate as school restrictions the opportunities to use outside coaches was severally limited. leaders in this regard, supporting playtime activities as well as more intra-school However, working within restrictions we were able tooffer after school provision competitions. for golf, tennis, athletics and rounders as well as in school curriculum provision/CPD for cricket, tennis, dance, rugby, swimming and archery.

Intent	Implementation	Impact	Sustainability			
	Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school					
Variablestand. The engagement of	all availain na culan abusiant activity. Chiaf Madiant Offices avida	Chief Medical Officer avidelines recommend that primary				

Your school focus should be clear what you want the pupils to knowand be able to do and about whatthey need to learn and to consolidate through practice:	Make sure your actions to achieve arelinked to your intentions:	Funding Allocated	Evidence of impact: what do pupils now know and what canthey now do? What has changed?:	Sustainability and suggested next steps:
To rebuild pupil leadership focus through relaunch of School Sports operating Crew (SSOC), Playground leaders (PGL), and Change for Life club (C4L). This would then advance into planning active days, running Ready Set Ride programs as well as intra- school personal best challenges. The re-establishing would also set the foundation for the next year to allow transition to take place ratherthan constant relaunch. To build on the change COVID hashad to our daily routine around ourActive 30/30. To consider how this links to mental wellbeing and can be used to support and/or benefit certain groups of children both in school and at home.	We have received training regarding the recommended 60 active minutes from Youth Sport Trust & Vale Royal School Sport Partnership. The training has included sharing best practice in the active schools agenda through localcase studies. We have used a rainbow timetable to allow best use of the whole school grounds. This has enabled staff to planactive sessions embedded within daily timetables as well as making best use of the space within the school groundsin a co-ordinated way. These actions have allowed children returning after Covid closure to have more focus on physical activity as an important part of the school day (and linked to supporting mental well-being). Rather than focussing on specific groups, the aim has been to highlight tothe children the variety of ways activity can be built into their days and the positive impact it has on their mental wellbeing and learning time. We are using 5-a-day fitness to provide children with a fun way to be active, to provide active breaks across the timetable or to bring focus to groups during lesson times. We also have continued use of Teach Active (Maths of the Day) across the school. Our school runs a recreational running programme called Trek2Tokyo where	£1770	Active sessions are now embedded as part of the day to day curriculum across the allyear groups. This is evident from the greatly increased use of the outdoor space, clearer timetabling of hall space and the developed use of PE equipment. Outdoor storage areas have been set up by the MUGA and by Y5 with sets of equipment e.g. footballs, tennis rackets/balls sorted for use by specific bubbles so as to develop variety and familiarity. A key positive example would be the use of the MUGA whichis now timetabled for PE sessions as well as bubble useacross break/lunch/other curriculum times enabling different groups to engage in arange of activity with minimum fuss. Examples would be Y2 havingTrek to Tokyo time on a Monday and Tuesday afternoon with the playgroundas an alternative to the field inadverse weather, or UKS2 having break out time on the MUGA around staggered finishing times at the end of the day.	Retention of rainbow timetable to support active 30/30 planning beyond covid. Continued equipment review and development of class set of equipment keeparound school for easier access. Re-launch of the PGL and C4L schemes oncebubbles are released. SSOC to develop rolespost covid to include more intraschool events. Development of themed weeks beyond NSSW to incorporate more mental health/well being an personal best elements. Development of RSR scheme across KS1.

pupils run or walk laps of our designated track

Our midday assistants received updates to help them develop moreactivity at lunchtimes and to supportbetter use of the various outdoor spaces, including the MUGA.

We have engaged with the Big Pedal scheme to improve pupils' skills and confidence and support them and theirfamilies take up more active travel to and from school.

Throughout school closure our school has continued to promote physical activity with its school community, reinforcing the message that children should take part in 60 minutes of moderate/vigorous activity each day for example through our local Family PhotoTrail programme where families follow simple trails which motivate participation

We have promoted 12 Active Days of Christmas, Children Mental Health Week, Change 4 Life Week campaignsas well as the use of programmes suchas 5-a-day fitness, Go Noodle, CosmicYoga, Joe Wicks Workouts etc. The Active@Home section of our school website has also been updated to support children whilst at home.

For children in school we have maintained regular daily activity and shared suggested activities to inspire further engagement of those at home. On reopening our school focused on supporting social reconnection with outdoor learning.

We took part in National School SportWeek designed to encourage

Since COVID has permitted the return of external coaches.we have had 100% uptake on all after school offered clubs in Summer term, E.g. golf, athletics, tennis. Due to Covid impact on our C4L this was adapted to focuson teamwork and playing without equipment. The whole of LKS2 were allowed sessions with staff where cooperation and imagination were encouraged as a way to combat 'getting on' issues following the closures of covid.Children then took over these sessions with mid-day supportafter initially being staff

lead

This was also developed byour PESSCO who oversaw and advised on the play time sessions. Pupils enjoyed our Trek2Tokyo yearlong aim as it enabled them to continually strive for personal best distances whilst also working as a school. We covered 15% of the whole distance in the end which was a great achievement from all across the school. The layout was also used at Christmas for a 'Rudolph Run' the whole school took part in and raised almost £6000.

During the Big Pedal event in April we recorded 32.18% journeys to school via active travel, a total of 1243 over the

2 weeks which placed us 37th

engagement and celebrate physical activity	in the whole North-west region.On
across the whole school.	our previous attempt 2 years ago we
Upgrades and repairs also made to trim-	managed 672 journeys so this was a
trails in grounds so children cansafely make	good increase. This was a great
best use of practical equipment during	achievement for our school due to
outdoor playtimes.	our faith USP meaning not all pupils
	will live very locally to the school
	too. The event was supported by
	publishing our data on social media
	and with photos and videos of
	children/parents taking part also on
	social media.
	Social media also supported our link
	with children at home as it allowed
	us to share (as well as via
	teams/tapestry) linked to VRSSP
	challenges and events to keep
	active go for personal bests. Pupil
	voicefrom the past 12 months
	showed children feel their active
	levels have been maintained over
	the time period, albeit in different
	waysthan they are used to due to
	the covid impact.
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Key indicator 2: The profile of PE, Sci improvement	Percentage of total allocation:			
Intent				Sustainability
Your school focus should be clear what you want the pupils to knowand be able to do and about whatthey need to learn and to consolidate through practice:	Make sure your actions to achieve arelinked to your intentions:	Funding Allocated	Evidence of impact: what do pupilsnow know and what can they now do? What has changed?:	Sustainability and suggested next steps:

A whole school focus linked to embedding the benefits physical activity has on both physical health but also on mental wellbeing and on links to supporting learning. Thisis to be co-ordinated in line with supporting the effects of the covid closure on the lifestyle of the children, with a view to establishingpositive messages to carry forward.

We ensure our PE Subject Leader has appropriate support to develop our PE& School Sport offer and lead our teachers effectively. Our PE Subject Leader will attend regular training and receive focused support from Vale Royal School Sport Partnership & Youth Sport Trust trainers.

We plan a covid safe athlete role-modelvisit to school to inspire our pupils to increase their participation in PE & School Sport.

Staff have had information shared fromActive Curriculum workshops which show the benefits and demonstrate theways to incorporate greater amounts ofphysical activity within the school day. We are included in the Youth Sport Trust's 'My Personal Best' programme which involves training our staff to adopt the explicit teaching of life skills such as co-operation, resilience and responsibility through Physical Education. This learning will also be transferred into other lessons, their life in school and to their wider lives.

We are included in the Shooting Stars Active Play through Storytelling & AfterSchool Club training provided by the Football Association. This training course and supporting resources havebeen developed to support 'the beginner girl' aged 5 to 8 in developingtheir physical literacy, confidence and speaking & listening skills through the medium of creative play and storytelling. It is expected that through the programme, these girls will grow inconfidence which will lead to them becoming more physically active in the

£2330

Following on from the previous 2 years (Gold School Games Mark) we have been awarded another certificatefor positive engagement with the School Games mark process despite the intense covid limitation.

Through support of staff and our PESSCO we have negotiated the bubble system within school to still tryand promote active playtimes with bubble equipment sets and also Playground leaders sessions aimed at LKS2. During our return after Easter, sets of sports equipment (or crazes) were quarantined for each bubble.

These included skipping ropes, tennis rackets/balls, hoola hoops etc. Thesewere then available for children to play with each break/lunch/active session. As a result children were able to spend time developing consistent skills across a period of several weeks E.g. improving skips ina row, before moving onto a new set of equipment on a three week rotation.

We've made full use of 5 a day website

Four children from Y6 have acted as our Sport leaders. Despite being limited totheir bubble they have taken part in leadership training and co-ordinated equipment sharing and results gathering for personal best and SportsWeek challenges across the year. Sports Week activities have linkedinto other areas such as DT week (making healthy smoothies or designing Olympic equipment) or Mental health week. The focus during

Links established with ELSA and PSHE leadsto look at ways of building in more physical based interventions. Use being active as a way to support academic and mental progression.

To re-launch playground zoning once covid safe. This will allow the continuation of 'crazes' and time with equipment but also allow clear areas withinthe outdoor space for classes to operate.

SSOC to lead on intraschool events. playground and engaging in a widerrange these weeks has been on inclusion and the of activities. holistic approach to physicalhealth so as to Throughout lockdown periods or where include all. Awards and prizes we shared children are required to self-isolate, our school for designing healthy menus and suggesting C4L changes to school as well as for has supported a daily challenge programme to sporting excellence. promote regular physical activity and has taken part in a cluster assembly led by an athlete At the start of the year a new overviewfor teaching topics in PE was launched. This was mentor which referenced the strategies they use to keep themselves well in terms of both of prepared in line with PESCCO support. Staff physical and mental wellbeing. Personal best negotiated various COVID limitations being posters used throughout school. Each class creative and including VRSSP Covid safe plans and personal best challenges to make sure would select a value such as tolerance/teamwork and then these skills children received the best quality PE teaching would be woven into the PFlessons as well as against our assessed goals. within class. The aimis for children to Children and staff engaged with our athlete assembly (virtual by Nichola Minichiello) with understand that these skills are as important in PE as athletic skills but also apply to other questions submitted from across the school and used in the assembly. We also promoted aspects of their lives. Pupil voice across year to a video by Nichola discussing the meritsof review this (covid limited). Personal safety sessions to be re-introduced being active over the summer, and shared this with some summer activityideas bespoke for Y6 linked to looking afterthe whole self. for our school children. Social media and teams/tapestry were used to share daily challenges successfully. An example of this would be the #2021 fitness challenge activity tracker, see PE file for y3 pupil completion.

	Key indicator 3: Increased confidence	e, knowledge and skills of all staff in teaching PE and spor	t	Percentage of total allocation:
Ī	Intent	Implementation	Impact	Sustainability

Your school focus should be clear what you want the pupils to knowand be able to do and about whatthey need to learn and to consolidate through practice:	Make sure your actions to achieve arelinked to your intentions:	Funding Allocated	Evidence of impact: what do pupils nowknow and what can they now do? Whathas changed?:	Sustainability and suggested next steps:
New PE overview shared with staffprior to start of the year. Staff have opportunities to feedback to SL on issues around delivery, support, space, equipmentetc in staff meetings or face to face so that overview can be made more robust and any support provided. This will be ongoing across theyear. SL allowed time to observe lessons support/identify how well existing training and resources e.g. Cheshire Dance, is being utilised. Re-establish monitoring and evaluation across the PE curriculum. New Ipads for each class purchased and used to recordPE evidence. Data collection and pupil voice recommenced after Covid interruption followed by observations aimed at reviewing the impact of PE implementation.	We ensure our teachers have quality training specific to their age phase which develops exciting, progressive and inclusive teaching and learning inPE. Teachers who have attended training inrecent years are able to access 'Next Steps' training which will help them develop their practice further. Our school has the support of a specialist PE teacher (our PE & SchoolSport Coordinator) who co-delivers PElessons with staff who have identified that they would benefit from additional support. Our staff attended an update in their training in the FA Primary Teachers Award, Shooting Stars Active Play through Storytelling training provided bythe Football Association as well as receiving new updated resources for use in small group active interventions. Our school plans PE development priorities based on the criteria of the Youth Sport Trust Quality Mark and will continue to use their online tool to support developments going forward. Our staff have continued to engage in professional development in PE, SchoolSport and Physical Activity throughout COVID-19, including: • Applying for the YST QualityMark • The Power of an Active School	£3570	Despite the limitation of training (virtual), all staff have reported a positive impact of training through evaluations. The evaluations of KS1, KS2 & PESSCo support show teachers have brought about improvements in: • Ability to support KS1 staff in planning and teaching progressive sessions focussed on the identifiednext steps of each child. • Lots of good ideas to help deliver the curriculum more effectively. • The course provided new ideas and approach to planning and deliveringPE and what to look for to assess children and identify their needs. • More ideas about how to enable the children to make progress through the skills. • Trying out the games and activities for myself, to feel what it is like to bea pupil in a PE situation. • Instant feedback and use of physical education vocabulary • Improved PE lessons and pupils engagement with lessons • Knowing in greater detail what is required during a PE session • Improve differentiation within the lesson • Lots of short activities to keep children engaged • Improved confidence in delivery ofdance	Review of assessment of PE and purchase of 'Complete PE' as a whole school tool to coordinate progression, identify gaps and have clarityand flexibility around topics taught. To review training needs following the reduction on face-to-face training, especially within areas such as C4L. PE lead to observe lessons once bubbles removed so to makesure sessions are active and progressive. Continued use of YST quality mark audit to drive nextsteps.

 Creating the Best PE Provision for our Learners Assessment in PE FA Active Play through Storytelling & AS Clubs YST Webinars AfPE Webinars Our lunchtime supervisors received updated support to help them aid the delivery of more active games, activities and use of our outdoor spaces within bubble formats during the past year. 	 Much more organised and challenging lessons with a clear objective. Enhanced questioning It has been extremely valuable to observe a specialist PE teacher. Staff questionnaire done towards theend of the year. Outcomes allowed clarity of units covered around covid restrictions and information on needsaround equipment and coverage for coming year.
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Key indicator 4: Broader experience	of a range of sports and activities offered	to all pupils		Percentage of total allocation:
·	-			49%
Intent	Implementation		Impact	Sustainability
Your school focus should be clear what you want the pupils to knowand be able to do and about whatthey need to learn and to consolidate through practice:	Make sure your actions to achieve arelinked to your intentions:	Funding Allocated	Evidence of impact: what do pupils nowknow and what can they now do? Whathas changed?:	Sustainability and suggested next steps:
Continued roll out of equipment from audit. Audit done last year butCOVID delay prevented equipmentbeing ordered or reduced necessity for it. Following update of overview and using some budget rolled over from last academic year, the completion of equipment updating needs to be finished. Identified areas include full class sets of equipment such as hockey sticks/tennis rackets where a few are missing, Ipads for recording evidence, new school team kits, outdoor storage as well	We aim to provide a broader range of sports and activities to engage all children. This means that we will seek the views of our children before developing programmes such as extracurricular clubs to ensure that they are in an activity which maximises engagement of all groups, at a time/venue which best engages those we want to engage and are rewarding to take part in. Use of coaches allowed us to develop staff CPD as well as provide signpostedlinks to external sports clubs which can allow children to continue on the activity	£8624	Specific to this section offers have included the below. These commenced following risk assessments to make sure that covid safety was balanced with our offer. Andy Ault returned to school to offer rounders, football and athletics after school clubs with full take up. Ben Derbyshire, PGA pro at Vale Royal provided a tri-golf ASC for KS2. We have also purchased full tri-golf kit with tri-gold now forming part of our KS1 curriculum offer.	Continue reintroduction of CPD coaches and coaches offering ASC to school. To combine this with complete PE overview so as to co-ordinate most accurate use of coaches in a CPD capacity (with staff input) and also combine this with PESSCO support.

as equipment for new activities e.g. tri-golf.

To rebuild, through contact and review, links with external coacheswho can recommence support withCPD and after school clubs with inthe school. From this can be build a bank of links with out of school clubs and activity centres that can be made available for children to access. A process of monitoring this also needs to be set up.

they have found enjoyable within

Our PE curriculum is designed to engage all learners and ensure they have the skills and confidence to takepart in a wide range of activities

School staff are trained to create activities in PE and extra-curricular activity which meet the needs of everylearner in order to support their progress.

Our offer is inclusive, ensuring equal opportunity is presented to all groups. Throughout COVID-19 our pupils have been able to continue to engage in a wide range of inclusive physical activities through the Personal Challengeprogramme.

We have used PE, School Sport & Physical Activity as part of our recovery curriculum for returning students or for vulnerable children/those of key workerand have used lessons to build confidence, fitness and skills. We have used the suite of lesson plans designed to support learning across the PE curriculum which enables young people to engage with competitive activities at a level relevant to their confidence, competence and motivation. We have used the COVID-Impacts Physical Activity Directory and/or SchoolGames Active Recovery Hub to ensure we use a range of activities to support young people returning to school with both physical and emotional impacts of the pandemic.

Cheshire cricket provided CPD training and sessions for both KS1 and 2 in summer term. The Y4 class reached the county finals of the virtual cricket event this year.

PESSCO from St Nicholas returned to school and worked with 2 classes for an extended period of time offering CPD and covid safe equipment sharing andadvice for staff.

Cheshire Dance completed her CPD and dance work with Reception and Y1.

Judo Education, provided Archery sessions and personal safety training for our Y6 classes.

Hartford Tennis club provided x2 KS2 classes as well as offering CPD and afully taken up ASC offer

Swimming sessions, were disrupted. We were able to recommence at Northwich Pool with a reviewed programme carrying into next year so as to secure correct provision going forward.

Coaches from WPRFC provided a rugby taster session for UKS2 girls. Following the success of this we have had at least 2 ofthe girls progress into the club set up at WPRFC and continue their training.

Use pupil voice to drive organisation ofcoaches and sessions.

To increase use of coaches/visitors inan education capacity

To link coaches to competitive school sport preparation and equipment needs.

To use social mediaand flyers to signpost children to clubs outside of school and to monitor the successof this.

Key indicator 5: Increased pa	rticipation in competitive sport			Percentage of total allocation:	
Intent	Implementation		Impact	10% Sustainability	
Your school focus should be clear what you want thepupils to know and be ableto do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked toyour intentions:	Funding Allocated	Evidence of impact: what do pupils now know and what can they now do?What has changed?:	Sustainability and suggested next steps:	
To engage with virtual competitions within the sports partnership as muchas possible. To link in the personal best challenge element here so as to increase involvement and make competition more enjoyable and inclusive.	We aim to take part in a wide variety of competitive sports both within school and against other schools. By adopting personal best style lessons planning to adapt to covid regulation and including all pupils to take partin local inter-school competitions (virtual) against other schools we aim to be fully involved in the School Games and other schools' competitions Our school takes part in an annual School Games Festival which takes place to celebrateNational School Sport Week. We engage with a wide-range of festivals and events which cater for many different children. During this week, due to covid, intra-school activities will be run on a daily basis across the key stage, with prizes celebrated within bubbles. We annually apply for a School Games Mark award and strategically plan to develop our offer of competitive sport in line with the criteria(for example by involving a group of young people in the planning of our involvement in theSchool Games through our SSOC or by increasing the number of sporting events we enter) although this will be limited by covid restrictions.	£1790	Due to covid any face to face inter- school sport has not been available. As a result, with regard to inter-school competition, this has all been on a virtual basis. We entered a range of competitions along this format. These included virtual personal best challenges in Basketball, Netball, Hoola Hooping, rugby, cricket, SportsHall athletics andgolf. The notable feature of competitions in this format has been that rather than having a set team competing, the whole class compete. This has developed inclusiveness andallowed more children to represent the school in a more relaxed setting. Sports Week was the high point ofour year's intra-school events. Having offered PB challenges through social media/links as noted above, during Sports Week we were able to include covid safe events within school. These included Bubble sports days,	To build on the enforced focus on intra-school competition making this more embeddedthrough SSOC lead activities. To re-establish the positive set up around inter-school competition from pre-covid=School kit, team training sessions in preparation, celebration success online and in school. Positive and inclusive culture around representing the school. Opportunities for G&T or LA children to	

Throughout COVID-19 our school has been able to	challenges linked to n
engage with the personal challenge programme,	football championship
National School Sport Week Together and also the	lifestyle choices. Prize
Cheshire & WarringtonVirtual School Games, all of	and a whole school zo
which aimed to reflect the competition programme	celebrate all the succe
familiar to our children. Each activity has focused on	discuss this and share
achieving a personal best in order to promote	a KS2 child spontaned
resilience, determination, self-belief and to build	the field race' on his
confidence. The competition programmehas also	home by everyone.
allowed our children to compete alongside their peers	
in intra-school events aswell as virtual competitions	Y4 children achieved
against other schools across the local area and wider	in the virtual cricket of
county.	
Our school supported higher ability children from Key	Another benefit was t
Stage 2 by enrolling them in the Performance	Best competitions wit
Academy which supports thoseready to take their	example Y2 using the

competing further with masterclasses focusing on the

fundamentalsand goal setting.

challenges linked to netball, the European football championships, health eating and lifestyle choices. Prizes were awarded for all and a whole school zoom was also used to celebrate all the successes. Staff also met to discuss this and share highlightswhich included a KS2 child spontaneously running the 'around the field race' on his own and being cheered home by everyone.

Y4 children achieved 4th place at county level in the virtual cricket competition.

Another benefit was the use of the Personal Best competitions with PE sessions, for example Y2 using the Sports Hall Athletics tasks to link in withcollecting data and working on the skills of team work and tolerance.

School Games Mark Framework achieved.

attend VRSSP offered sessions.

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below*:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	94%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	94%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	Swimming programme not completed due to lockdown restrictions and pool closure.
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but thismust be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Signed off by	
Head Teacher:	Louise Conlon
Date:	
Subject Leader:	Daniel Armstrong
Date:	29/07/21
Governor:	Jolanta Starsiak
Date:	







